

# What Happens at Church

Usually we STAND to sing, SIT to listen, and KNEEL to pray. You may join these actions if you want to, and if you are able, but you don't have to. There is one reading we usually stand for – the one about Jesus's life, called the GOSPEL.

We gather in God's name.

We say a prayer asking God to forgive what we've done wrong and help us to want and do good things.



We read from the Bible.

There are usually three readings, and a sung poem called a Psalm.



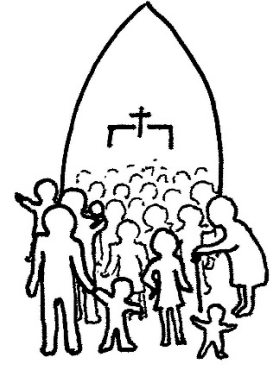
We think or talk about what we've heard. Someone may give a talk called a sermon.



We pray. Often, we kneel to pray. You may want to fold your hands together or hold your hands up.



We share “peace” with each other



If we can, we give some money to help the church do its work. It doesn't matter how much or how little you give.



Bread and wine are brought to the table, blessed and given to us.

This is a sign of Jesus's body and blood. Jesus is with us here.

If you aren't yet ready for the bread and wine, you can still receive a blessing.



We say thank you to God.



We go out. There is usually tea, coffee or squash to share together after the service, at the back of church. Do stay and meet some new people.

